



# *Trundy Institute of Addiction Counseling*

## **CADC/ CAC/ LADC Preparation Program** **Spring 2020 – Course Schedule**

*New Entry Level Classes Start:*

**Tuesday, March 31, 2020**

*Because of the continuing popularity of this program,  
classes continue to be offered four cycles a year!*

Trundy Institute of Addiction Counseling was created in 2003 to meet the needs of substance abuse treatment professionals who wish to prepare for the examinations for Certification and Licensing. Additionally, many individuals have attended; who want to learn more about substance abuse or treatment, without having to travel outside of the Southeastern Massachusetts area.

The program consists of 180 to 300 classroom hours and a 300 hour practicum or related clinical supervision. Each class is offered multiple times a year with some classes being offered twice a cycle. Potential students have the option of taking all the classes entirely in the daytime or by attending entirely in the evenings or any combination that works best for them. Usually, class rotates between daytime and evenings every other cycle.

This program is designed to meet or exceed all of the educational hours and supervised practical experience hours required to qualify for the CAC- Certified Alcoholism Counselor and CADC-Certified Alcohol and Drug Counselor(formerly CADAC) offered by the Massachusetts Board of Substance Abuse Counseling Certification, as well as all three levels of Licensure in Massachusetts. The Massachusetts Board of Substance Abuse Counseling Certification and the Massachusetts Licensing Board(BSAS) have both approved this program.

**This program consists of 10 courses and a working practicum at a facility providing substance abuse treatment. These courses are thirty classroom hours in length. This 300 education hour program meets or exceeds the educational requirements for LADCI, LADCI, LADCI, CAC AND CADC. Additionally, the practicum meets the requirement of 300 hours. This course does not fulfill the related work experience requirements.**

**\*\*\*\*\* For information or an interview call 774-930-0390 \*\*\*\*\***

# **Classes start soon, so call for an interview today!!**

***For information or an interview call 774-930-0390***

**The following ten courses are each thirty hours in length.**

***Students starting in March 2020 will likely start by taking three or four courses – The courses will vary by participants needs and schedule availability. Although this is typical, each student has the option of taking more or less classes and setting up their own schedule of classes.***

**Advanced students with related education may not need all courses.**

**-For more information or to setup an interview call 774-930-0390**

## **Daytime classes**

- 1. Counseling and Techniques in Substance Abuse Treatment.** This course will cover techniques used in substance abuse counseling including, but not limited to Rogerian, Gestalt, Rational-Emotive-Behavioral and Reality theories, as well as the foundational approaches such as Freudian, Adlerian, Jungian and Existential.  
**Tuesday Morning Classes: March 31 to June 2, 2020 from 8:15AM to 11:15AM**
- 2. Core Functions and Core Competencies of Substance Abuse Counseling.** This course will cover/review Screening, Intake, Orientation, Assessment, Treatment Planning, Counseling, Case Management, Referrals, Consultation, Record Keeping, Client Education and Crisis Management. Tap 21 will also be briefly reviewed.  
**Tuesday Late Morning Classes: March 31 to June 2, 2020 from 11:30AM to 2:30PM**
- 3. Basics of Chemical Dependency Counseling.** This course will cover a practical approach to all aspects of treatment from the initial interview to treatment planning to the basics of individual and group therapy and more.  
**Thursday Morning Classes: April 2 to June 4, 2020 from 8:15AM to 11:15AM**
- 4. Ethics and Professional Responsibility in Substance Abuse Treatment.** This course will focus on helping participants better understand the ethical issues involved in the substance abuse treatment field, along with a better understanding of the related functions and responsibilities that are specific to substance abuse treatment.  
**Thursday Late Morning Classes: April 2 to June 4, 2020 from 11:30AM to 2:30PM**
- 5. Multiple Participant Treatment: Group, Couples, Family and Intervention in the Treatment of Substance Abuse.** This course will focus on the role of family members and the treatment needed to assist family members in their recovery from the damage done by the chemical dependencies and related codependency issues. Participants will also learn the basic principles of intervention. Experiential exercises will be utilized during this course  
**Classes: Summer 2020**
- 6. Substance Abuse Treatment Related Issues.** This course will cover a variety of topics that are essential to understanding and treating substance abuse. Topics include but are not limited to: 1.Support Groups and other Self-Help programs 2.Domestic Violence 3.Sexual Abuse 4. HIV, HCV 5. Tobacco Addiction/Cessation and Cultural Sensitivity including but not limited to the issues of race, gender, sexual orientation, religious preferences and the concerns of and for individuals with disabilities. Additional issues will be presented and discussed.  
**Classes: Summer 2020**

**Advanced Classes 7 through 10 – (usually taken after completing basic classes) may also be taken by Credentialed Substance Abuse Professional looking for Continuing Education hours for renewal**

## **Evening classes**

- 7. Introduction to Treating Co-occurring Disorders.** This course will look at the basics of assessment and treatment of substance abuse and related mental illnesses. Through an experiential process it will look at the connective processes of assessment, treatment planning and case management. The class will review the most predominant mood, personality and other psychiatric disorders prevalent in substance abusing clients.  
**Tuesday Evening Classes: March 31 to June 2, 2020 from 5:15 PM to 8:15PM**

**8. Advanced Ethics in Substance Abuse Treatment and Co-occurring Disorders.** This course will build on the entry level ethics course and allow participants to go beyond the basics of ethics to a deeper understanding of the complexities of ethics in the substance abuse treatment field, along with a better understanding of ethics within related helping professions including but not limited to co-occurring disorders.

**Wednesday Evening Classes: April 1 to June 3, 2020 from 5:15 PM to 8:15 PM**

**9. Psychopharmacology of Abused Substances and the Connection to Co-occurring Disorders.** This course will examine the categories and classifications of various legal and illegal psychoactive substances of abuse. The interactions between drugs including prescribed drugs will be discussed with some emphasis on Co-occurring disorders related medications

**Summer 2020- Evening Classes: June 17 to August 26, 2020 from 5:15 PM to 8:15 PM**

**10. Practicum – in Substance Abuse Treatment/ Rehabilitation or Clinical Issues in Supervision.** *The direction of this class will be determined by the needs of the participants.* If participants do not need a practicum at this time, their participation will focus on a clinical review of actual cases with an emphasis on ethical interactions and the proper implementation of the Core Functions and Global Criteria. This applies to all class participants. *If they participate in the class while also performing a Practicum the following applies: Practicum participants will work in an approved treatment setting under appropriate supervision. Individuals that are presently employed in an approved location may be allowed to utilize their present work site. Each participant must keep a journal of hours worked, daily activities, and the relationship of each to the Twelve Core Functions of S. A. Counseling.*

**Monday Evening Classes: March 30 to June 1, 2020 from 5:15 PM to 7:15 PM (Subject to change)**

**Wednesday Morning Classes: April 1 to June 3, 2020 from 9:15 AM to 11:15 AM (Subject to change)**

### Faculty

**Arthur B. Trundy, M.Ed., CADCI, CCDP-D, CCS, ACRPS** is the Director and Founder. Mr. Trundy is an International Lecturer/Trainer formerly with the Gorski/CENAPS Corporation. He has a Master of Education in Counseling Psychology and is an Advanced Certified Alcohol and Drug Counselor, a Certified Co-occurring Disorders Professional–Diplomate and Certified Clinical Supervisor. Mr. Trundy taught for many years at Cambridge College Graduate School, and previously at University of Massachusetts Boston, Westfield State College, and Lamar University Graduate School in Texas and many Addiction schools.

**Terence T. Gorski, MA.** Mr. Gorski is an internationally recognized expert on substance abuse, mental health, violence, & criminal behavior. He is best known for his contributions to relapse prevention. He is a prolific author and has published numerous books and articles.

**Dr. Kathy Gayoski, RN, LADCI, CADC, MAPR, Ed.D.** is a Licensed Alcohol and Drug Counselor I, Certified Alcohol and Drug Counselor as well as many other credentials and a Trundy Institute graduate.

**Peter Lagasse, CADC, CCDP** is a Certified Alcohol and Drug Counselor and a Certified Co-occurring Disorders Professional. Peter is also a graduate of Trundy Institute.

### Program Fee Structure

<b>Individual 30 hour course</b> (Excluding Practicum)	<b>\$ 450.00*</b>	<b>Entire 300 hour program</b> (Including Practicum)	<b>\$ 4000.00</b>
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\* The Fee Structure presently includes the cost of required texts and related materials for all courses.  
-Agencies, organizations and programs may contract us for the training of multiple students and/or employees at a reduced tuition rate or on-site education at your facility, provided minimum class sizes are met.

## General Information

**Registration and Fees:** For information about registration, additional course schedules or any other questions, please call **774-930-0390** or E-Mail us at [arthur@trundy.net](mailto:arthur@trundy.net) or [trundy@earthlink.net](mailto:trundy@earthlink.net)

**Location:** Classes listed are held at 248 County Street, New Bedford, MA 02740

**Admission to Program** -Any individual wishing to enter the Program is required to meet with the Program Coordinator prior to registration. Please call **774-930-0390** to arrange an interview. The admission process includes a two page application, a face to face interview, a writing sample and a reading sample.

**All students who take two or more 30 hour courses can attend the CADC/LADC test preparation classes**  
*- For a reduced fee*

### Upcoming Additional 2020 Class Cycles

**Summer 2020 - June 15 through August 28**

**Fall 2020 - September 14 through November 20**

### Upcoming Training Two Day Class- 10 Hours

## **Introduction to Relapse Prevention**

Spring 2020 – Friday, April 10 and Saturday, April 11, 2020 from 8:30AM to 2:30PM

Summer 2020 – Friday, June 19 and Saturday, June 20, 2020 from 8:30AM to 2:30PM

**Class size is limited, so call for an interview today!!**

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**Spring 2020 - Course Schedule**



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